

Stay safe this summer



Staying safe on holiday



Don't be caught off guard: Many incidents happen on the first or last day of a family holiday when parents are distracted.



Remember to use the same caution on your holiday that you do at home.



Be alert to any water nearby. Many accidents happen when children wander off.



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Open windows warning



Children are top-heavy so can easily topple in seconds whilst your back is turned



Keep low furniture away from open windows so that children can't climb up and fall out



Install window catches (to limit how far they can open) and locks if you can



If your window won't lock or you need to open it wider, don't leave young children alone in the room



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WARNING: Baby pool floats with canopies are dangerous

Please don't buy one



Wind can catch the canopy, lifting the float out of the water, capsizing it and trapping your baby.



Your baby can drift out of your reach. You need to keep them in arm's reach in water to keep them safe.



Because the design is inherently unsafe, they're being recalled. Please don't buy one.



Drowning is silent

Small children can drown in very little water with no sound or struggle to alert you it's happening.



A drowning child doesn't splash about or cry for help. They slip quietly under the water, often unnoticed.



Keep little children in arm's reach whenever they are in or near water.



Check for ponds, pools and hot tubs if you're visiting new places.



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Cold water kills

Even on a very hot day, open water in the UK can still be dangerously cold.

Cold water shock triggers panic and uncontrollable gasping. Even the strongest swimmers will find it difficult to swim.



Choose safe places to swim like public pools and beaches with lifeguards.



Pay attention to any warning signs.



Enter water slowly, giving your body time to adjust before going completely under.



The initial reaction to cold water shock passes quickly, so try to stay calm.



Float on your back until it passes. Then swim or shout for help.



Any child can drown

Even strong swimmers!

Teens may overestimate how strong a swimmer they are or underestimate risks



Teach them to choose safe places to swim like public pools and beaches with lifeguards.



Explain the risk of swimming in open water. Even on a very warm day, open water can be cold enough to cause cold water shock.



Teach them how to float.



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Are your blinds down to block the sun?



Blind cords can strangle small children

Tie up your blind cords every time



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BBQ safety

A BBQ and the ground underneath it can stay hot enough to cause a serious burn for a long time after it's been used.

So, stay alert and keep children well away from the cooking area until it's completely cooled.



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Trigger times

Teach your child to leave your dog alone when they are:

-  Sleeping – no-one likes to be woken up suddenly.
-  Eating or having a treat – they might think you're going to take their food.
-  Have a toy or something else they really like – they might not want to share!



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Paddling pool safety



Little ones can drown in just a few cm of water



Actively supervise children when they're in or around the water



Empty the paddling pool after use



Store or turn over the paddling pool when it's not in use to stop it refilling



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How flat is your battery?

Even a used button battery can harm your young child.

It can still burn through their food pipe if they swallow one and it gets stuck.

So why keep them in your home?



Recycle while you shop - it's easier than ever

Step 1



Put used batteries in a box and keep it up high

Step 2



Grab the box when you pick up your shopping bags

Step 3



Pop them in the battery recycling bin at the supermarket

Remember, don't throw used batteries away



+BIPBA-

British and Irish Portable Battery Association

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Trampoline safety



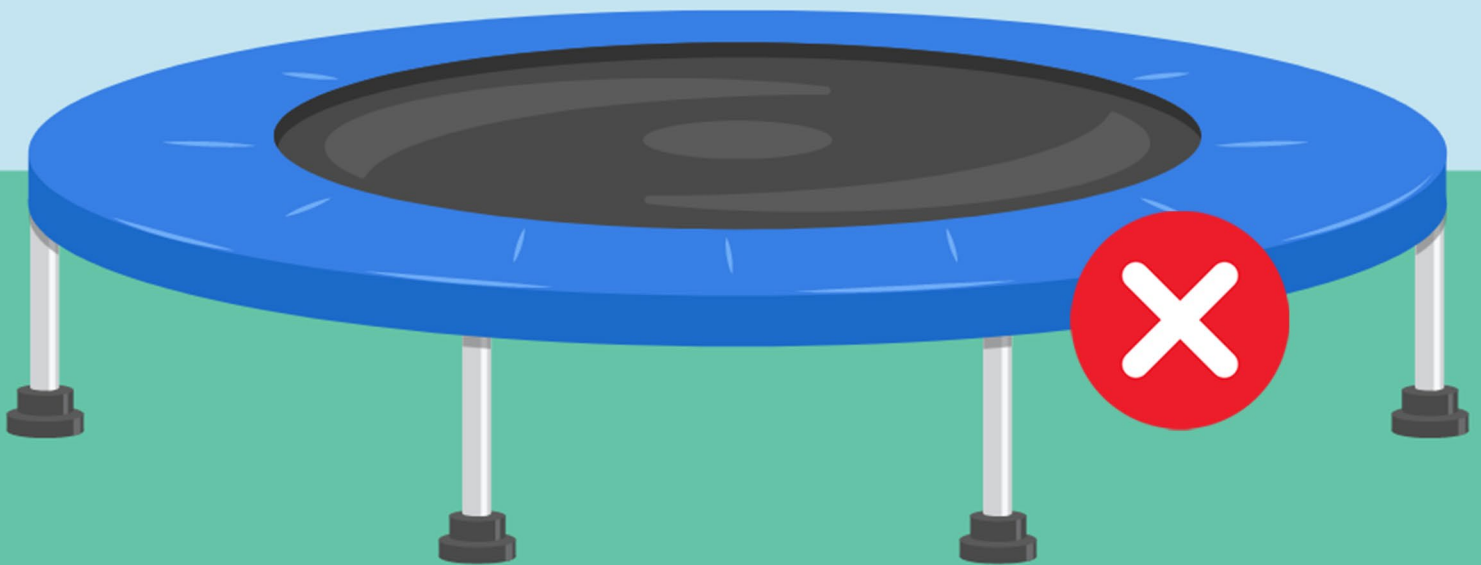
Most trampoline accidents happen when there are two or more bouncers at the same time.



The biggest risk is when users have different weights. So, let children take it in turns and avoid adults and children jumping together.



Teach children the trampoline rules.



Use a net to prevent falls



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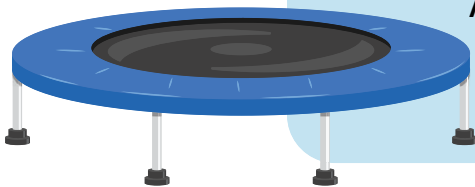
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Keep me safe in the garden



Check chemicals like weed killer are kept away from curious youngsters and garden tools are locked away in a shed.

Keep young children in arms' reach around water (think hot tubs, paddling pools or ponds). Remember drowning is silent.



Avoid children of very different weights jumping on a trampoline together. It can cause serious accidents.



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Beach BBQ warning

Even if you safely remove a barbecue, the ground underneath can stay hot enough to burn for a very long time.

In recent years we've seen lots of cases of children with severe burns from on their feet from unknowingly stepping on scorching hot sand while playing.



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Don't forget my helmet



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